

Dear Colleagues and Friends,

With great pleasure we invite you to participate in the 28th Symposium of the International Council of Physical Activity and Fitness Research (ICPAFR) ***“PHYSICAL ACTIVITY AND FITNESS: CHALLENGES AND NEW PERSPECTIVES”***, to be hosted by the Lithuanian Sports University on August 24–27, 2016 in Kaunas, Lithuania.

International Council of Physical Activity and Fitness Research (ICPAFR) is one of the oldest and most interdisciplinary physical activity-related scientific societies in the world and has a membership spanning a wide range of scientific disciplines. Its aim is the development of basic and applied research in physical activity and fitness in order to promote the quality of life most conducive to the realization of one's highest creative potential through physical activity and fitness.

SYMPOSIUM WEBSITE:
www.lsu.lt/en/icpafr-2016

THE MAIN THEME:
Global Challenges and Innovative Approaches in Physical Activity and Fitness Research

SYMPOSIUM SUB-THEMES:

- Behavioural aspects of physical activity and exercise
- Social and environmental factors related to physical activity
- Exercise physiology and genetics
- Nutrition and physical fitness
- Physical education and youth sport
- Physical activity and healthy ageing
- Exercise, physical activity and fitness for special populations
- Recreational physical activity and leisure

CALL FOR ABSTRACTS:

Abstracts can be submitted until the 1st April 2015.

Research scholars and students are invited to present their original work in any of the symposium sub-themes.

For more information about the submission of abstracts and full papers, please visit the symposium website: <http://www.lsu.lt/en/icpafr-2016/call-abstracts>

KEY DATES:

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| • Opening abstract submission and registration: | 7th December 2015 |
| • Abstract submission deadline: | 1st April 2016 |
| • Deadline for submission of full papers: | 1st April 2016 |
| • Notification of abstract acceptance: | 15th April 2016 |
| • Early-bird registration deadline: | 15th May 2016 |

- Late registration deadline:

15th July 2016

ORGANIZERS:

Lithuanian Sports University (LSU) in collaboration with the International Council of Physical Activity and Fitness Research (ICPAFR)

CONTACT:

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We are looking forward to seeing you in Kaunas, the heart of Lithuania, in August 2016!

Please share this announcement with your colleagues who might be interested in attending the symposium.

With kind regards,

Tomas Kukenys

*28th ICPA FR Symposium 2016
Organising Committee*

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