





## International scientific - practical symposium In collaboration with the European Group for Research into Elderly and Physical Activity

"CLIMBING THE LADDER OF LIFE, ACTIVE AND FIT"

October 5<sup>th</sup> – 7<sup>th</sup>, 2017

Kaunas, Lithuania

You are cordially invited to the International Scientific Symposium which will focus on the latest trends in research on active and successful aging. This symposium will therefore include scientific and academic sessions as well as practical workshops. In this way we can encourage academicians as well as practitioners – physical activity teachers, physiotherapists, trainers and physicians – to participate in both the scientific sessions as well as the active/experimental sessions.

## **KEYNOTE SPEAKERS**



Prof. Dr. Yael Netz, Academic College at Wingate, Israel COGNITIVE AND EMOTIONAL FUNCTIONING IN ADVANCED AGE – THE EFFECT OF PHYSICAL ACTIVITY AND PHYSICAL FITNESS

Prof. Dr. Eling D. de Bruin, Institute of Human Movement Sciences and Sport, ETH Zürich, Switzerland PREPARE YOURSELF FOR THE WORLD: OIL YOUR MIND BECAUSE STRENGTH ALONE WILL NOT DO



Prof. Dr. Alfonso Jimenez, Coventry University, UK THE ACTIVE AGEING CHALLENGE FOR EXERCISE PROFESSIONALS: HOW WE COULD SUPPORT INACTIVE AGEING POPULATIONS TO BECOME ACTIVE AND ENJOY A HEALTHY LIFESTYLE



Dr. Oron Levin, KU Leuven Movement Control and Neuroplasticity Research Centre, Belgium AGING AND MOTOR INHIBITION: A CONVERGING PERSPECTIVE PROVIDED BY BRAIN STIMULATION AND IMAGING APPROACHES

Prof. Dr. Habil. Albertas Skurvydas, Lithuanian Sports University, Lithuania NEUROPLASTICITY AND HEALTHY AGING



Priv.-Doz. Dr. Michael Brach, University of Munster, Germany EVALUATION RESEARCH IN HEALTH-ORIENTED EXERCISE INTERVENTIONS

## **IMPORTANT DATES**

**Online registration and abstract submission deadline**  $-25^{th}$  September, 2017 **Payment acceptance deadline**  $-30^{th}$  September, 2017 **Submission deadline of the full text of papers**  $-7^{th}$  October, 2017

SYMPOSIUM LANGUAGE: English SYMPOSIUM VENUE: Lithuanian Sports University, Sporto str. 6, Kaunas, Lithuania <u>http://www.lsu.lt/en</u> MORE INFORMATION: <u>http://www.lsu.lt/en/symposium-2017/welcome</u> CONTACT PERSONS: Dr. Kristina Visagurskiene, Dr. Vida Janina Cesnaitiene, symposium2017@lsu.lt

SYMPOSIUM FEE

**40 EUR** One day attendance fee **60 EUR** Two days attendance fee **90 EUR** Regular registration fee



LOOKING FORWARD TO MEETING YOU IN KAUNAS!