
Kinanthropology

Kinanthropology focuses on the interdisciplinary study of human movement, with respect to Physical Education, sport, recreation, rehabilitation and physiotherapy. The various sub-disciplines and related fields of kinanthropology are: Anthropology, Anthropomotrics, History of Sport, Philosophy of Sport, Pedagogy of Sport, Psychology of Sport, Sociology of Sport, Physical Education, Applied Physical Education, Physiology of Sport and Exercise, Physiotherapy, Human Biomechanics, Sports Training and Coaching, Sport Management, etc. It develops themes such as, for example, values and ethics of sport as a part of the quality of life, psycho-social functions of physical activities, biological aspects of the investigation of human movement, training of top athletes, and diagnostics of movement performance predispositions.