

CHARLES UNIVERSITY

**FACULTY OF PHYSICAL EDUCATION
AND SPORT**

**ENGLISH PROGRAM
FOR INTERNATIONAL STUDENTS**

**ACADEMIC YEAR
2019-2020**



Prague 2019

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CHARLES UNIVERSITY
Faculty of Physical Education and Sport

ACADEMIC YEAR
2019-2020

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2019/2020 Academic Calendar
International & Erasmus + Students

COMMENCEMENT OF THE ACADEMIC YEAR	1. 10. 2019
END OF THE ACADEMIC YEAR	30. 9. 2020
Winter semester	10. 2019 – 12. 1. 2020 2 nd half from 18.11.2019
Matriculation	11. 10. 2019
Master Graduation Ceremony	26. 11. 2019
Bachelor Graduation Ceremony	29. 11. 2019
Christmas Holiday	21. 12. 2019 - 3. 1. 2020
Examination period	13. 1. 2020 - 16. 2. 2020
Summer semester	17. 2. 2020 - 26. 5. 2020 2 nd half from 7. 4.2020
Final Year Students – courses duration	17. 2. – 19. 4. 2020
Final Year Students – examination period	20. 4. – 24. 4. 2020
Rector's day	6. 5. 2020
First examination period	25. 5. – 30. 6. 2020
Summer Holidays	1. 7. – 31. 8. 2020
Bachelor Graduation Ceremony	23. 6. 2020
Master Graduation Ceremony	26. 6. 2020
Second examination period	1. 9. – 20. 9. 2020
Enrolment – academic year 2019/2020	
Regular enrolment	
International Students (self-financed)	25. 9. 2019
Erasmus+ students – Winter Semester	25. 9. 2019
Erasmus+ students – Summer Semester	12. 2. 2020
Alternative enrolment	
International Students (self-financed) – Bachelor and Master degree	7. 10. 2019
Electronic enrolment of courses and schedule	
Winter semester 1st round	17. 9. – 21. 9. 2019
Winter semester 2nd round	24. 9. – 30. 9. 2019
Summer semester 1st round	30. 1. – 5. 2. 2020
Summer semester 2nd round	10. 2. – 16. 2. 2020
Erasmus+ winter semester and first year International Students (self-financed)	26. 9. – 30. 9.2019
Erasmus+ summer semester	13. 2. – 18. 2. 2020



State Examinations

Winter term

Bachelor and Master thesis in electronic and printed versions,
application for defence and State Examinations, until 12. 12. 2019
study check before Bachelor and Master State Examinations

Bachelor and Master thesis defence if not as part
of State Examinations 6. 1. – 17. 1. 2020

Bachelor and Master State Examinations 20. 1. – 31. 1. 2020

Spring term

Bachelor and Master thesis in electronic and printed versions,
application for Bachelor and Master State Examinations until 9. 4. 2020

Study check before Bachelor and Master State Examinations until 30. 4. 2020

Bachelor thesis defence if not as part of State Examination 20. 4. – 30. 4. 2020

Master thesis defence if not as part of State Examination 27. 4. – 7. 5. 2020

Bachelor State Examination 11. 5. – 22. 5. 2020

Master State Examination 18. 5. – 29. 5. 2020

Bachelor State Examination and Bachelor thesis defence – Physiotherapy 4. 5. – 15. 5. 2020

Master State Examination and Master thesis defence – Physiotherapy 18. 5. – 29. 5. 2020

Autumn term

Bachelor and Master thesis in electronic and printed versions,
application for Bachelor and Master State Examinations until 30. 6. 2020

Study check before Bachelor and Master State
Examination until 30. 6. 2020

Bachelor thesis defence if it is not a part of State
Examination 31. 8. – 8. 9. 2020

Master thesis defence if it is not a part of State
Examination 31. 8 – 11. 9. 2020

Bachelor State Examination 9. 9. – 18. 9. 2020

Master State Examination 14. 9. – 25. 9. 2020

Bachelor State Examination and Bachelor thesis defence – Physiotherapy 2. 9. – 11. 9. 2020

Master State Examination and Master thesis defence – Physiotherapy 14. 9. – 25. 9. 2020

Terms of state examinations of doctoral study programmes and thesis defences

Autumn 23. 9. – 27. 9. 2019

Winter 18. 11. – 22. 11. 2019

Spring 2. 3. – 6. 3. 2020

Summer 15. 6. – 19. 6. 2020

STUDY PLANS

GLOSSARY

W - Winter semester

S - Summer semester

NC - Number of credits

C - Credits

MC - Marked credits

EX - Examination

STUDY PROGRAM: Specialization in Health Service

STUDY BRANCH: Physiotherapy

LEVEL OF DEGREE: Bachelor Degree

CODE: 5342R004

In the Physical Therapy field of studies, graduates acquire professional qualification for performing non-medical health care activities of physical therapists, and are authorised to perform activities in accord with the valid legislation of the Czech Republic (CR), which stipulates the activities of health care workers and other professional workers on health care. A bachelor's programme graduate is an expert in the field of physical therapy who works together with all the members of a health care team in the coordination and execution of diagnostic, therapeutic, and preventive procedures and methods in the rehabilitation process and in care of the ailing. The graduate will find work in state and private health care facilities such as therapeutic rehabilitation clinics, other specialised clinics, rehabilitation institutions, rehabilitation departments in hospitals of all types, spas, facilities for treatment of pain, social facilities for children and seniors, and other specialised workplaces. Bachelor's studies graduates can continue in an associated Physical Therapy master's programme. The studies culminate with a defence of the baccalaureate thesis and the state bachelor's final examination.

The basic outline of the curriculum:

A. The standard period of study in years: **3 years**

B. Stages of study: **years**

C. Parts of the State Exam (SE):

Part 1:

- a) Defending of the bachelor thesis
- b) Theoretical examination with 4 sub-exams:

- Physiotherapy – theoretical examination
- Clinical Kinesiology
- Psychology
- Pathological Physiology and Sports Medicine

Part 2:

Physiotherapy - practical examination in physiotherapy performed in clinical institutions

D. Conditions for taking the State exam:

For taking the state final examination is necessary to complete all the prescribed obligatory courses and obtain 180 credits.

- Total number of credits for obligatory courses: 171
- Minimum number of credits for optional subjects: 9

Prerequisites:

A condition for registration in a given course is that the student has already passed a course that is designated as a prerequisite. Course A is a prerequisite for course B if registration for course B is conditional of passing course A during some earlier portion of studies.

Co-requisites:

A condition for completing a given course (i.e. fulfilling credit and exam requirements) is that the student has passed a course (can also be in the same semester) that is designated as a co-requisite. Course A is a co-requisite of course B if course A must be completed earlier (in some prior semester) or can also be registered concurrently (in the same semester) as course B, but credit and exam requirements for course B can only be fulfilled once course A has been successfully completed (for complete specifications, see Article 6 (5) of the Study and Examination Code of Charles University).

Information for requisites for all courses is available in SIS.

1st year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PABA030C	Anatomy and General Kinesiology I	Kvítek, V.	4/2 C	3	W
PFYB029C	Physiology I	Heller, J., Čížková, K.	2/2 C	2	W
PFYB033C	Biochemistry	Vránová, J., Štefl, M.	2/0 C	2	W
PFYZ074C	Introduction to Rehabilitation	Stupková, M., Maršáková, K.	1/1 C+Ex	2	W
PKIN145C	Basics of Philosophy	Parry Martínková, I.	2/0 C+Ex	2	W
PFYZ072C	Physical Therapy I	Vomáčková, H.	1/1 MC	2	W
PFYZ075C	Examination and Basic Therapeutic Methods I	Vomáčková, H.	1/2 C	3	W
PFYZ082C	Clinical Practice I	Vomáčková, H.	0/1 C	2	W
PABA032C	Biophysics and Biomechanics I	Stupka, M.	2/0 C	2	W
PPPD070C	General Psychology	Harbichová, I.	1/1 C+Ex	2	W
PFYZ077C	Latin and Greek	Karakozová, K.	0/2 C+Ex	1	W
PPPD001C	Pedagogy for Physiotherapists	Kotlík, K.	2/0 MC	2	W
PFYB034C	Biology	Jaklová Dytrtová, J.	2/0 C	2	W
PATL039C	Basic Athletic Exercises	Hojka, V.	0/1 C	1	W

PPLS047C	Basics of Swimming	Jurák, D., Peslová, E.	0/1 — 0/1 C	1	W+S
PZTV111C	First Aid	Malá, M.	1/1 C+Ex	2	S
PABA031C	Anatomy and General Kinesiology II	Kvítek, V.	2/2 C+Ex	3	S
PFYB030C	Physiology II	Heller, J., Čížková, K.	2/2 C+Ex	3	S
PFYZ215C	Massage	Kučerová, I.	0/1 C	1	S
PFYZ076C	Examination and Basic Therapeutic Methods II	Vomáčková, H.	0/4 C+Ex	4	S
PFYZ083C	Clinical Practice II	Vomáčková, H.	0/1 C	2	S
PFYZ073C	Physical Therapy II	Malá, J.	1/2 C+Ex	2	S
PABA033C	Biophysics and Biomechanics II	Stupka, M.	2/0 C+Ex	2	S
PFYZ176C	Ergonomics	Pavlů, D.	0/1 C	1	S
PKIN097C	Ethics	Bednář, M.	2/0 C	2	S
PFYZ080C	Health Care Management	Nováková, T.	0/1 C	1	S
PZTV112C	Hygiene	Malá, M.	1/0 C	1	S
PKIN011C	Foundations of Informatics and methodology of scientific research	Navrátil, T., Vokounová, Š.	0/2 C	1	S
PFYZ084C	Clinical Work Placement I	Stupková, M.	0/4[T] C	3	S

Number of credits of obligatory subjects 57.

Optional courses suggested by the Physiotherapy department

Code	Subject	Teachers(s)	Amount	Credits	Semester
PJAZ054	Czech Language for Foreigners I - Physiotherapie	Blažejová, M., Vaněčková, A.	0/4 C	1	W
PJAZ122	Czech Language for Foreigners II — Physiotherapie	Vaněčková, A., Blažejová, M.	0/4 C	2	S

Student should register 1 optional subject suggested by the Physiotherapy Department or 1 optional subject from the List of optional Courses taught in English in this academic year.

54 credits is the minimum to proceed into 2nd part of bachelor degree study.

2nd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ104C	Examination Methods and Basic Therapeutic Processes III	Maršáková, K., Stupková, M.	1/6 C+Ex	5	W
PFYZ105C	Reflex Massage and Soft tissue techniques	Stupková, M.	0/2 C+Ex	2	W
PZTV157C	Application of Remedial PE	Strnad, P.	0/2 C	2	W
PFYZ106C	Clinical Practice (demonstration) I	Maršáková, K.	0/2 C	2	W
PFYZ107C	Clinical Practice III	Vomáčková, H.	0/2 C	2	W
PFYZ108C	Clinical Neurophysiology	Pánek, D.	3/0 C+Ex	3	W
PFYZ109C	Clinical Psychology	Jandourková, D.	2/0 C+Ex	2	W
PFYZ110C	Pathological Anatomy	Náprstková, J.	2/0 C	2	W
PFYZ111C	Internal Medicine I	Skalská, M.	1/0 C	1	W
PFYZ112C	Orthopaedics, Traumatology	Kvítek, V.	2/0 MC	2	W
PFYZ113C	Neurology I	Brejchová, G.	2/0 C	2	W
PFYZ114C	Pediatrics	El-Lababidi, N.	1/1 C+Ex	2	W
PFYB048C	Pathological Physiology	Kohlíková, E., Větrovský, T.	2/2 MC	3	W
PGYM129C	Gymnastics	Černá, J.	0/2 C	1	W
PGYM125C	Principles of Fitness	Křištofič, J.	0/1 C	1	W
PFYZ116C	Manual Methods in Physiotherapy	Maršáková, K.	0/7 C+Ex	5	S
PFYZ117C	Physiotherapeutic Methods in Clinical Subjects	Nováková, T., Pavlů, D.	4/0 C	3	S
PFYZ118C	Clinical Practice IV	Vomáčková, H.	0/3 C	2	S
PFYZ119C	Clinical practice (demonstration) II	Stupková, M.	0/2 C	2	S
PFYZ120C	Clinical kinesiology	Pánek, D., Stupková, M.	2/0 C+Ex	2	S
PFYZ121C	Internal Medicine II	Skalská, M.	2/0 C+Ex	2	S
PFYZ122C	Surgical Subjects	Kvítek, V., Šafář, P.	3/0 C+Ex	2	S
PFYZ123C	Neurology II	Brejchová, G.	3/0 C+Ex	2	S
PSPP091C	Outdoor Sports	Brtník, T.	1/1 C	1	S
PFYZ124C	Clinical Work Placement II	Stupková, M.	0/4[T] C	3	S

PFZB001C	Bachelor's thesis — Setting	Pavlů, D.	0/0 C	1	S
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Number of credits of obligatory subjects: 57

Optional courses suggested by the Physiotherapy department

Code	Subject	Teachers(s)	Amount	Credits	Semester
PJAZ125	Czech Language for Foreigners III — Physiotherapie	Vaněčková, A., Blažejová, M.	0/4 C	3	W
PJAZ057	Foreign Language for medical and Nursing Staff	Korbel, M., Blažejová, M., Vaněčková, A.	0/2 C	3	W
PJAZ126	Czech Language for Foreigners IV — Physiotherapie	Vaněčková, A., Blažejová, M.	0/4 C	3	S
PFYB049C	Biology of Children	Jaklová Dyrtrtová, J.	2/0 C	3	S
PJAZ060C	Professional Terminology in English	Korbel, M., Vaněčková, A., Blažejová, M.	0/2 C	3	S

Student should register 1 optional subject suggested by the Physiotherapy Department or 1 optional subject from the List of optional Courses taught in English in this academic year.

106 credits is the minimum to proceed into 3rd part of bachelor degree study.

3rd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ006C	Ergotherapy	Koubková, D.	1/1 C	2	W
PFYZ021C	PNF and Movement Analysis I	Vláčilová, I.	0/4 C+Ex	4	W
PFYZ001C	Developmental kinesiology	Nováková, T.	1/2 C+Ex	3	W
PFYZ009C	Clinical Practice V	Nováková, T.	0/9 C+Ex	6	W
PFYZ007C	Clinical practice (demonstration) III	Kučerová, I.	0/2 C	2	W
PFYZ160C	Social and Occupational	Sládková, P.	2/1 C	2	W

	Rehabilitation				
PZTV169C	Adapted Physical Education and Sport	Prokešová, E.	1/1 C	2	W
PFYZ005C	Basics of Pharmacology	Kutinová-Canová, N.	1/0 MC	1	W
PZTV246C	Geriatrics and gerontology	Daďová, K., Majorová, S.	1/0 C	1	W
PZTV168C	Basics of Sport Medicine	Vilikus, Z.	1/1 C+Ex	2	W
PGYM031C	Music Movement Programs	Doležalová, K.	0/1 C	1	W
PFYZ066C	Clinical Work Placement III	Stupková, M.	0/3[T] C	3	W
PJAZ131C	Special Language (Bc.) — Examination	Korbel, M., Vaněčková, A., Blažejová, M.	0/0 Ex	2	W
PSPH095C	Sports Games	Kokštejn, J.	0/2 C	1	W
PFYZ153C	Psychiatry	Maršálek, M.	1/0 C	2	S
PFYZ064C	Physiotherapeutic Methods	Pavlů, D.	2/3 C	3	S
PFYZ081C	Balneology	Říha, M.	1/1 C+Ex	2	S
PFYZ071C	PNF and Movement Analysis II	Vláčilová, I.	0/2 C+Ex	2	S
PPPD177C	Basics of Special Pedagogy	Kotlík, K.	2/0 C	2	S
PFYZ069C	Clinical Practice (Demonstration) IV	Kučerová, I.	0/2 C	2	S
PFYZ063C	Clinical Practice VI	Nováková, T.	0/11 C	6	S
PFYZ062C	Basics of Psychotherapy	Müllerová, J.	1/1 C+Ex	2	S
PFYZ045C	Ortopaedic prosthetics	Šolc, Z.	1/1 C+Ex	2	S
PTUS019C	Oriental PE systems	Čadová, L.	0/2 C	2	S

Number of credits of obligatory subjects: 57

Optional courses suggested by the Physiotherapy department

Code	Subject	Teachers(s)	Amount	Credits	Semester
PJAZ024	Czech Language for Foreigners V - Physiotherapy	Vaněčková, A.	0/4 C	3	W

There is an obligatory Exam in the fifth semester from subject Czech language for Foreigners – examination (PJAZ149). Only for students who started before academic year 2014/2015.

Student should register 1 optional subject suggested by the Physiotherapy Department or 1 optional subject from the List of optional Courses taught in English in this academic year.

154 credits is the minimum to proceed into 4th part of bachelor degree study.

STUDY PROGRAM: Specialization in Health Service

STUDY BRANCH: Physiotherapy

LEVEL OF DEGREE: Master Degree

CODE: 5342R004

In the Physical Therapy field of studies, graduates acquire professional qualification for performing non-medical health care activities of physical therapists, and are authorised to perform activities in accord with the valid legislation of the Czech Republic (CR), which stipulates the activities of health care workers and other professional workers on health care. A bachelor's programme graduate is an expert in the field of physical therapy who works together with all the members of a health care team in the coordination and execution of diagnostic, therapeutic, and preventive procedures and methods in the rehabilitation process and in care of the ailing. The graduate will find work in state and private health care facilities such as therapeutic rehabilitation clinics, other specialised clinics, rehabilitation institutions, rehabilitation departments in hospitals of all types, spas, facilities for treatment of pain, social facilities for children and seniors, and other specialised workplaces. Bachelor's studies graduates can continue in an associated Physical Therapy master's programme. The studies culminate with a defence of the baccalaureate thesis and the state bachelor's final examination.

The basic outline of the curriculum:

A. The standard period of study in years: **2 years**

B. Stages of study: **years**

C. Parts of the State Exam (SE):

Part 1:

- a) Defending of the diploma thesis
- b) Theoretical examination with 3 sub-exams:
 - Human Biomechanics
 - Remedial Rehabilitation
 - Special and Developmental Kinesiology

Part 2:

- Physiotherapy - practical examination in physiotherapy performed in clinical institutions

D. Conditions for taking the State exam:

For taking the state final examination is necessary to complete all the prescribed obligatory courses and obtain 120 credits.

- Total number of credits for obligatory courses: 114
- Minimum number of credits for optional subjects: 6

Prerequisites:

A condition for registration in a given course is that the student has already passed a course that is designated as a prerequisite. Course A is a prerequisite for course B if registration for course B is conditional of passing course A during some earlier portion of studies.

Co-requisites:

A condition for completing a given course (i.e. fulfilling credit and exam requirements) is that the student has passed a course (can also be in the same semester) that is designated as a co-requisite. Course A is a co-requisite of course B if course A must be completed earlier (in some prior semester) or can also be registered concurrently (in the same semester) as course B, but credit and exam requirements for course B can only be fulfilled once course A has been successfully completed (for complete specifications, see Article 6(5) of the Study and Examination Code of Charles University).

Information for requisites for all courses is available in SIS.

1st year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ035C	Objectification methods	Heller, J., Pánek, D., Lopot, F.	1/1 C	2	W
PABA006C	Human Biomechanics	Vilímek, M.	3/0 C+Ex	3	W
PKIN013C	Methodology of Science	Buriánková, J., Komarc, M.	1/1 C+Ex	2	W
PFYZ034C	Special Kinesiology I	Nováková, T.	1/1 C	4	W
PFYZ099C	Special Clinical Practice I	Pavlů, D.	0/5 C	5	W
PFYZ038C	Diploma Specialization I	Pavlů, D.	1/1 C	2	W
PFYZ088C	Demonstration — Clinical Practice I	Malá, J., Novotná, I.	0/2 C+Ex	2	W
PFYZ089C	Imaging Methods	Vrána, J.	0/1 MC	1	W
PFYZ090C	Clinical Effectiveness in Physiotherapy	Pavlů, D., Musálek, M.	1/1 C	2	W
PPLS046C	Basic of Health-related Swimming	Jurák, D., Hubená, K.	0/2 C	2	S
PFYZ037C	Pharmacology	Kutinová-Canová, N.	2/0 C+Ex	2	S
PFYZ091C	Special Kinesiology II	Nováková, T.	6/1 C+Ex	4	S
PFYZ100C	Special Clinical Practice II	Pavlů, D., Říha, M.	0/5 C	5	S
PFYZ093C	Diploma specialization II	Pavlů, D.	1/1 C	2	S
PFYZ094C	Differential Diagnostics in	Novotná, I., Malá, J.,	2/0 C+Ex	2	S

	Physiotherapy	Pavlů, D.			
PFYZ095C	Demonstration — Clinical Practice II	Malá, J., Nováková, T.	0/2 C+Ex	2	S
PFYZ162C	Psychosomatics	Týkalová, J.	2/0 C+Ex	2	S
PFYZ040C	Applied techniques of PNF	Vláčilová, I.	0/2 C	2	S
PFYZ041C	Special Chapters from Clinical Subjects	Pavlů, D., Novák, F.	3/0 C+Ex	2	S
PFYZ042C	Management in Health Care	Nováková, T.	2/0 C	2	S
PFYZ098C	Physiotherapy in sport	Maršáková, K.	1/1 C	3	S
PFYZ043C	Clinical (Summer) Work Placement	Stupková, M.	0/4[T] C	4	S

Number of credits of obligatory subjects: 57.

Optional courses suggested by the Physiotherapy department

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ052C	Therapy of postural disorders — Brügger concept I	Pavlů, D.	0/2 C	3	W
PFYZ086C	Alternative therapeutic methods	Pánek, D.	0/2 C	3	W
PFYZ129C	Therapy of Postural Disorders — Brügger Concept III	Pavlů, D.	0/2 C	3	W
PJAZ048C	English Language in Clinical Practice — English	Korbel, M.	0/2 C	3	W
PFYZ096C	Therapy of postural disorders — Brügger concept II	Pavlů, D.	0/2 C	3	S
PFYB651	Stress and its Mechanisms	Jaklová Dyrtrtová, J.	2/0 MC	4	S
PJAZ051C	Foreign Language for Management in Health Care — English	Korbel, M., Vaněčková, A., Blažejová, M.	0/2 C	3	S

Student is recommended to register 1 optional subjects suggested by the Physiotherapy Department or 1 optional subject from the List of optional Courses taught in English in this academic year.

52 credits is the minimum to proceed into 2nd part of Master Degree study.

2nd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ128C	Differential Diagnostics in Physiotherapy II	Říha, M.	2/0 C+Ex	6	W
PFYZ130C	Ortopeadic Prosthetics — Special Chapters	Princ, V.	2/1 C+Ex	3	W
PFYZ136C	Oriental methods I	Schneeweissová, J.	0/2 C	2	W
PFYZ137C	Clinical Colloquium I	Nováková, T.	0/5 C	5	W
PFYZ085C	Presentation of results of scientific work	Pavlů, D., Musálek, M.	1/2 MC	3	W
PFYZ170C	Diploma Specialization III	Pavlů, D.	1/3 C	5	W
PFYZ049C	Organization of educational actions	Pavlů, D.	1/2 C	3	W
PFYZ131C	Physiotherapeutical methods — special chapters	Pavlů, D., Nováková, T.	1/2 C+Ex	3	W
PFYZ139C	Taping in physiotherapy	Pavlů, D.	1/1 C	3	W
PJAZ129C	Special Language (MA) — Examination	Korbel, M.	0/0 Ex	3	W
PFYZ140C	Preventive programs in physiotherapy	Stupková, M.	1/2 C+Ex	3	S
PFYZ050C	Internship in physiotherapeutical practice	Nováková, T.	0/5 C	5	S
PFYZ141C	Oriental Methods II	Schneeweissová, J.	0/2 C	2	S
PFYZ171C	Diploma Specialization IV	Pavlů, D.	1/3 C	5	S
PFYZ135C	Clinical Colloquium II	Vomáčková, H., Nováková, T.	0/5 C	6	S

Number of credits of obligatory subjects: 57.

Optional courses suggested by the Physiotherapy department

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYZ052C	Therapy of postural disorders — Brügger concept I	Pavlů, D.	0/2 C	3	W
PFYZ129C	Therapy of Postural Disorders	Pavlů, D.	0/2 C	3	W

	— Brügger Concept III				
PFYZ086C	Alternative therapeutic methods	Pánek, D.	0/2 C	3	W
PFYZ096C	Therapy of postural disorders — Brügger concept II	Pavlu, D.	0/2 C	3	S
PFYB651	Stress and its Mechanisms	Jaklová Dytrtová, J.	2/0 MC	4	S

Student should register 1 optional subjects suggested by the Physiotherapy Department or 1 optional subject from the List of optional Courses taught in English in this academic year.

102 credits is the minimum to proceed into 3rd part of Master Degree study.

STUDY PROGRAM: **Physical Education and Sport**

STUDY BRANCH: **Physical Education and Sport**

LEVEL OF DEGREE: **Bachelor Degree**

CODE: **7401R005**

In the field of studies Physical Education and Sport, its graduates acquire college qualifications and competences for professional careers in a wide spectrum of physical Education and Sport activities, in sports clubs and physical education facilities, fitness centres, travel agencies, cultural and recreational leisure time centres, municipal offices, etc. A balanced structure of mandatory, required elective and elective courses in social science and biomedical subjects, the didactics of physical education, in selected sports including a cycle of ongoing and associated practices, allowing students to fully cover the entire sphere of their professional interests and choose among the offered courses of study. Graduates of bachelor's studies can continue with an associated master's Physical Education and Sport programme. The studies culminate with a defence of the baccalaureate thesis and a final state baccalaureate examination.

The basic outline of the curriculum:

A. The standard period of study in years: **3 years**

B. Stages of study: **years**

C. Parts of the State Exam (SE):

Part 1: Defending of the bachelor thesis

Part 2: Theoretical examination with 3 sub-exams:

- Socio-scientific Rudiments of Physical Education and Sport
- Biomedical Rudiments of Physical Education and Sport
- Theory and Didactics of Physical Education and Sport

D. Conditions for taking the State exam:

For taking the state final examination is necessary to complete all the prescribed obligatory courses and obtain 180 credits.

- Total number of credits for obligatory courses: 143
- Minimum number of credits for obligatory optional subjects: 19
- Minimum number of credits for optional subjects: 18

2nd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PFYB079C	Human Physiology	Heller, J., Čížková, K.	2/1 C+Ex	4	W
PATL090C	Athletics II	Hojka, V.	1/1 C	3	W

PSPH292C	Sport Games II	Kokštejn, J.	1/1 — 0/1 C	3	W+S
PPLS094C	Theory and Basic of Swimming Didactics	Jurák, D., Peslová, E.	1/2 C+Ex	4	W
PABA045C	Biomechanics	Jelen, K., Šorfová, M.	1/1 C+Ex	4	W
PPPD093C	Basics of Coaching	Perič, T.	1/1 C+Ex	4	W
PSPP284C	Skiing	Chrátková, M.	7/0[D] C	3	W,S
PKIN102C	Basic of Anthropometrics	Musálek, M.	1/1 C+Ex	4	W
PKIN175C	Methodology of Bachelor Thesis	Komarc, M.	2/0 C	3	W
PGYM106C	Rhythmic Gymnastics	Novotná, V.	1/1 C	3	S
PATL091C	Theory and Basic Didactics of Athletics	Hojka, V.	1/2 C+Ex	4	S
PSPP085C	White-Water Canoeing	Novotný, P.	6/0[D] C	3	S
PBAK001C	Bachelor's Thesis Setting		0/0 C	3	S

Number of credits of obligatory subjects: 51.

Student is recommended to register 3 optional subjects from the List of optional Courses in this academic year.

106 credits is the minimum to proceed into 3rd part of Bachelor degree study.

3rd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PPPD135C	Sports Psychology	Harbichová, I.	1/1 C+Ex	4	W
PFYB043C	Exercise Physiology	Heller, J., Čížková, K.	1/1 C+Ex	3	W
PGYM107C	Theory and Basics of Didactics of Gymnastics	Chrudimský, J.	1/2 C+Ex	4	W
PSPH293C	Theory and Basics of Didactics of Sport Games	Kokštejn, J.	1/2 C+Ex	4	W
PSPH034C	Figure Skating and Ice Hockey	Šťastný, P.	5/0[D] C	3	W
PSPP205C	Theory and Didactics of Outdoor Sports	Brtník, T.	0/0 Ex	3	W

PPPD016C	Student Teaching in Sport I	Flemr, L.	0/2 C	3	W
PPPD032C	Student Teaching in Sport II	Flemr, L.	0/2 C	3	W
PPPD008C	Didactics of PE	Peřinová, R.	2/0 C+Ex	4	S
PKIN104C	Basics of Law	Petrásek, M., Slepička, P.	1/0 C	3	S
PKIN069C	Sport Governance in the Czech Republic	Slepičková, I.	1/0 Ex	3	S
PTUS149C	Technical sports	Dvorský, J.	2/0 C	3	S
PPPD076C	Student Teaching in School	Flemr, L.	0/2 MC	4	S
PBAK003C	Bachelor's thesis — Colloquium		0/0 C	3	S

Number of credits of obligatory subjects: 53.

Student is recommended to register 3 optional subjects from the List of optional Courses in this academic year.

154 credits is the minimum to proceed into 4th part of Bachelor degree study.

STUDY PROGRAM: Physical Education and Sport

STUDY BRANCH: Physical Education and Sport

LEVEL OF DEGREE: Master Degree

CODE: 7401R005

The associated master's programme in the field of Physical Education and Sport ensures college qualification for a broad spectrum of professional occupations in the field of physical Education and Sport. It prepares university-trained teachers for elementary, middle, and higher education institutions, trainers and methodologies, and potential candidates for further doctoral studies or work in the area of science and research. A balanced structure of mandatory, required elective and elective subjects allows students to fully cover the entire sphere of their professional interests and a selection of offered courses of study, whose completion by means of a state final examination allows the pursuit of higher education in the given field. The studies culminate with a defence of the master's thesis and a state final examination.

The basic outline of the curriculum:

A. The standard period of study in years: **2 years**

B. Stages of study: **years**

C. Parts of the State Exam (SE):

Part 1: Defending of the diploma thesis

Part 2: Theoretical examination with 4 sub-exams:

- Socio-scientific Subjects of Physical Education and Sport
- Biomedical Subjects of Physical Education and Sport
- Pedagogy and Psychology
- Didactics of Physical Education and Sport

D. Conditions for taking the State exam:

For taking the state final examination is necessary to complete all the prescribed obligatory courses and obtain 120 credits.

- Total number of credits for obligatory courses: 86
- Minimum number of credits for obligatory optional subjects: 22
- Minimum number of credits for optional subjects: 12

2nd year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PKIN181NC	Philosophy of sport	Parry Martínková, I.	2/0 MC	3	W
PPPD140NC	Social Psychology, Sports Psychology	Slepička, P., Harbichová, I.	2/1 C+Ex	4	W
PPPD141NC	Student Teaching at Secondary School	Flemr, L.	0/3[T] C	4	W
PZTV206NC	Sports Medicine	Vilikus, Z.	1/1 C+Ex	3	W
PPPD118NC	Pedagogy of Sports	Kotlík, K.	1/1 C+Ex	4	S
PKIN182NC	Sociology and Sport Sociology	Buriánková, J.	2/0 MC	3	S
PKIN183NC	Sport and Leisure	Slepičková, I.	1/1 C+Ex	3	S
PKIN184NC	Politology	Waic, M.	1/0 C	3	S
PABA060NC	Biomechanics of sport	Jelen, K.	1/1 C+Ex	4	S
PMNG087NC	Economy, Economics of Sport	Šíma, J., Ruda, T.	1/1 Ex	3	S
PSPP286NC	Sport and Environment	Dlouhá, J.	1/1 MC	3	S
PDIP003NC	Diploma thesis — Colloquium		0/0 C	3	S

Number of credits of obligatory subjects: 40.

Student is recommended to register 6 optional subjects from the List of optional Courses taught in English in this academic year.

102 credits is the minimum to proceed into 3rd part of Master degree study.

List of optional Courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PSPP694	Sport climbing and mountaineering	Baláš, J.	0/2 MC	4	W,S
PATL619	Athletic Muscle Strengthening	Jebavý, R.	1/1 MC	4	W
PGYM631	Dance Programs	Fričová, M.	0/1[H] C	3	W
PLSM610	Movement Programs in Primary, Secondary and Tertiary Prevention	Bunc, V.	1/1 MC	4	W

PFYZ189C	Selected Chaptures from Physical Therapy	Malá, J.	0/1 C	3	W
PBML604	Clinical Nutrition	Coufalová, K.	2/0 MC	4	W
PBML642	Physiology of Sports	Heller, J.	1/1 MC	4	W
PZTV655	Sport Massage	Vařeková, J., Prokešová, E., Daňová, K.	0/2 MC	4	W
PMNG057N	International Marketing	Štědroň, B.	2/0 MC	3	W
PSPH602	Tennis — Squash	Kočib, T.	0/2 MC	4	W
PMNG645	Basic of Management	Ruda, T.	2/0 MC	4	W
PMNG038N	Leadership in Sport Organizations	Crossan, W.	1/1 C	3	S
PABA652	Basics of Kinesiology	Stupka, M.	2/0 C+Ex	4	W
PJAZ072	Czech Language for Foreigners I - Sport	Vaněčková, A., Blažejová, M.	0/4 C	3	W
PJAZ074	Czech Language for Foreigners III — Sport	Vaněčková, A., Blažejová, M.	0/4 C	3	W
PJAZ076	Czech Language for Foreigners V - Sport	Vaněčková, A.	0/4 C+Ex	6	W
PJAZ103C	Receptive Language Skills — English	Vaněčková, A., Blažejová, M., Korbel, M.	0/2 C	3	W
PATL041	Athletic conditioning — course	Jebavý, R.	5/0[D] C	3	W
PJAZ130	Czech Language for Foreigners — ERASMUS (1)	Pokorná, E.	0/2[H] MC	4	W,S
PMNG620	Psychology of Management	Janák, V.	2/0 MC	4	S
PPPD612	Children and Sports Training	Perič, T.	2/0 MC	4	S
PMNG056C	Sport Event Management and Promotion	Crossan, W.	2/0 MC	3	S
PATL650	Athletic Conditioning	Hojka, V.	1/1 MC	4	S
PZTV661	Compensatory Exercises	Prokešová, E.	0/2 MC	4	S
PSPH609	Floorball	Dragounová, Z.	0/2 MC	4	S
PSPH620	Handball	Tůma, M.	0/2 C	3	S
PGYM646	Gymnastic for All	Chrudimský, J.	0/1 C	4	S

PTUS642	Self-defence	Pavelka, R.	0/2 MC	4	S
PMNG642	Sport Marketing	Čáslavová, E., Pecinová, M.	2/0 MC	4	S
PFYB651	Stress and its Mechanisms	Jaklová Dyrtrtová, J.	2/0 MC	4	S
PFYB605	Sport Nutrition	Vránová, J.	1/0 C	3	S
PLSM611	Diagnostics of Human Movement Predispositions	Bunc, V.	1/1 MC	4	S
PLSM609	Exercise Programs in Secondary Prevention	Bunc, V.	1/0 C	3	S
PJAZ073	Czech Language for Foreigners II — Sport	Vaněčková, A., Blažejová, M.	0/4 C	3	S
PJAZ075	Czech Language for Foreigners IV — Sport	Vaněčková, A., Blažejová, M.	0/4 C	3	S
PSPP066C	Introduction to Outdoor Activities	Brtník, T.	1/1 C	3	S

STUDY PROGRAM: Coach

LEVEL OF DEGREE: Bachelor Degree

CODE: 1014A280005

A task of the new Study Programme is to meet the demand for an education of coaches who do not have ambitions to become physical education teachers. All the students in the area of Physical Education and Sport have been educated and prepared so far for the career of physical education teachers. The aim of the Programme is to prepare experts in the area of a sport training with coaching and methodical, psychological, social, diagnostic and intervention competences in all levels of sport such as a professional one within their chosen branch of sport, sport for everyone and health reason physical activity programmes. The graduates are expected to be experts in the theoretical designing of training programmes, their application to the practical form of training using the didactic interaction with a specific group of population. The design of the study plan enables to understand necessary principles from area of applied sport sciences alongside with development of basic movement skills first (during first and partially second year of the study). Their application in specific sport didactic courses is covered later (second and third year) alongside with sport practice.

1st year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PABA088C	Basics of Anatomy and Kinesiology	Otáhal, J.	2/2 C+Ex	5	W
PPPD209C	Pedagogy, Pedagogy of Sport	Jansa, P.	1/1 C+Ex	5	W
PZTV288C	Basic of Hygiene, Regeneration and Massage	Majorová, S.	2/0 C+Ex	3	W
PMNG150C	Basics of Sport Management	Voráček, J.	2/0 C+Ex	3	W
PFYB102C	Biochemistry and Basics of Nutrition	Šteffl, M., Vránová, J.	2/0 Ex	3	W
PATL120C	Basics of Athletics	Hojka, V.	0/1 C	2	W
PPLS126C	Basics of Swimming	Jurák, D.	0/2 C	3	W
PSPH689C	Basics of Sport Games	Kokštejn, J.	0/4 C	3	W
PKIN270C	History of Physical Culture	Waic, M.	1/0 C+Ex	3	S
PPPD210C	Psychology, psychology of sport	Mudrák, J.	2/1 C+Ex	4	S
PFYB113C	Human Physiology	Heller, J.	2/1 C+Ex	4	S
PABA084C	Biomechanics of sport	Šorfová, M.	2/2 C+Ex	3	S
PZTV289C	First Aid	Majorová, S.	1/1 C+Ex	3	S
PBML021C	Applied Nutrition	Coufalová, K.	2/0 C	4	S
PGYM138C	Basics of Gymnastics	Chrudimský, J.	0/2 C	3	S
PSPH630C	Movement games	Tůma, M.	0/2 C	3	S

STUDY PROGRAM: **Fitness Coach**

LEVEL OF DEGREE: **Bachelor Degree**

CODE: **1014A280007**

A task of the new Study Programme is to meet the demand for an education of fitness coaches who do not have ambitions to become physical education teachers. The study programme focuses on key aspects of development biomotor abilities. The study plan consists of the theoretical courses from field of pedagogy-psychology, physiology and adaptation, biomechanics and sport training. Subsequently, theoretical foundations are applied and specified in practically oriented courses from area of strengthening, athletics, gymnastics and other sport areas. The graduate has the ability to understand the complexity of development of general and specific biomotor abilities. The graduate is eligible to create and apply movement programs with specific goal and target group. The design of the study plan enables to understand necessary principles from area of applied sport sciences alongside with development of basic movement skills first (during first and partially second year of the study), and their application in specific didactic courses is covered later (second and third year) alongside with sport practice.

1st year

Obligatory courses

Code	Subject	Teachers(s)	Amount	Credits	Semester
PABA088C	Basics of Anatomy and Kinesiology	Otáhal, J.	2/2 C+Ex	5	W
PPPD209C	Pedagogy, Pedagogy of Sport	Jansa, P.	1/1 C+Ex	5	W
PZTV288C	Basic of Hygiene, Regeneration and Massage	Majorová, S.	2/0 C+Ex	3	W
PMNG150C	Basics of Sport Management	Voráček, J.	2/0 C+Ex	3	W
PFYB102C	Biochemistry and Basics of Nutrition	Šteffl, M., Vránová, J.	2/0 Ex	3	W
PATL120C	Basics of Athletics	Hojka, V.	0/1 C	2	W
PPLS126C	Basics of Swimming	Jurák, D.	0/2 C	3	W
PSPH689C	Basics of Sport Games	Kokštejn, J.	0/4 C	3	W
PKIN270C	History of Physical Culture	Waic, M.	1/0 C+Ex	3	S
PPPD210C	Psychology, psychology of sport	Mudrák, J.	2/1 C+Ex	4	S
PFYB113C	Human Physiology	Heller, J.	2/1 C+Ex	4	S
PABA084C	Biomechanics of sport	Šorfová, M.	2/2 C+Ex	3	S
PZTV289C	First Aid	Majorová, S.	1/1 C+Ex	3	S
PBML021C	Applied Nutrition	Coufalová, K.	2/0 C	4	S
PGYM138C	Basics of Gymnastics	Chrudimský, J.	0/2 C	3	S
PSPH630C	Movement games	Tůma, M.	0/2 C	3	S

