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# Canteens and café

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## La Fresca

La Fresca, the premium student canteen at the Faculty of Physical Education and Sport (FTVS) at Charles University, offers a delightful dining experience for students. With its focus on quality, freshness, and innovation, La Fresca provides a culinary haven where students can enjoy delicious and nourishing meals.

La Fresca prides itself on its diverse menu, which caters to a variety of dietary preferences and requirements. From wholesome vegetarian and vegan options to protein-packed dishes for athletes, there is something for everyone.

The menu is thoughtfully crafted to provide balanced and nutritious meals that support the active lifestyles of FTVS students.

In addition to its exceptional food, La Fresca offers a stylish and inviting atmosphere for students to relax and socialize. The modern and comfortable seating area provides an ideal space to catch up with friends, engage in lively conversations, or simply unwind after a day of classes and physical activities.

**The canteen is open every week day from 8:00 to 15:30 (Friday: 8:00-14:00)**

## Dodo

Dodo Café, located right at the Faculty of Physical Education and Sport (FTVS) at Charles University, is a charming and inviting coffee shop that caters to the needs of students and faculty alike. With its cozy atmosphere and delicious offerings, Dodo Café is the perfect spot for a quick caffeine fix or a relaxing break in between classes.

But Dodo Café is not just about coffee. It also offers a selection of teas, refreshing beverages, and delectable snacks to satisfy your cravings. From freshly baked pastries and sandwiches to healthy salads and smoothies, there is something for every taste and dietary preference.

So, next time you're at FTVS, be sure to stop by Dodo Café and treat yourself to a delightful coffee experience. Enjoy the warm ambiance, friendly service, and a well-deserved break from the demands of academic life.

## Opening hours:

Mon- Fri 8:00 - 16:30

## Contact:

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## Cool Bar

Cool Bar, the ultimate hangout spot for all students at our university! Located right on campus, Cool Bar is the perfect place to unwind, socialize, and make lifelong memories during your academic journey.

Cool Bar is more than just a place to grab a drink. It's a hub of student activities and events. Join us for karaoke sessions and themed parties that celebrate different cultures from around the globe. It's the perfect opportunity to meet fellow students, forge new friendships, and share your experiences.

Cool Bar welcomes you **every day except Sunday from 13:00 to 1:00.**