
Mgr. Petra Reckziegelová



Konzultační hodiny

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Professional characteristics

- She studied at UK FTVS, where she obtained a Bachelor's degree (2005) and then a Master's degree (2007) in Physical and occupational education of the disabled.
- In 2002, she completed the Diploma of Physiotherapy at the University of VŠ Kladno, and completed training in the social field with a focus on occupational therapy and nursing care in DD Severní Terasa in Ústí nad Labem.
- Since 2002, she has been working as a physiotherapist at Kladno Regional Hospital a.s., a hospital of the Central Bohemian Region in both outpatient and inpatient areas; She completed practice in inpatient departments of clinical disciplines (ARO, internal medicine, surgery, neurology, orthopedics, gynecology); She also works with patients in the inpatient rehabilitation department, which was established here as part of the stroke center in 2013; In the years 2014 - 2021, she worked in the position of head physiotherapist
- In 2010, she obtained the certificate of Speech Preventionist, Speech Therapy Assistant in Mladá Boleslav.
- In 2012, she completed training in the technique of Proprioceptive Neuromuscular Stabilization with a certificate for application in clinical practice and education of people within this concept.
- Since 2012, she has been involved in teaching - teaching students in the PNF concept and supervising students during their practice in clinical settings.
- Since 2013 he has been an assistant professor at UK FTVS, since 2018 lecturer in AJ at DPP
- Since 2017 he has been presenting the PNF concept at the University of Antwerp as part of Erasmus

Research focus

- Proprioceptive neuromuscular facilitation and its use with people with disabilities and in sport

Courses taught

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Most important publications - lecture activity

- Physiotherapy standards for ON Kladno
- Lecturing activities for the Bohdaneč Spa: 2015 - Physical activity in lower limb amputees, 2016 - Rehabilitation in a patient after stroke with a focus on gait training with the WalkAide system, 2018 - The role of physiotherapy in the treatment of a patient with transsexual disorder after surgery at FTM, 2019 - Plantar aponeurosis disorders due to improper footwear and functional overuse of the foot, 2020 - Soft tissue relaxation in the cervical spine using PNF and kinesiotape)