
Mgr. Gabriela Kočí



Consulting hours

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Professional characteristics

- She studied physiotherapy at the Charles University, where she obtained a Bachelor's degree and a Master's degree at the second faculty of Medicine, Continuing MD Programme, Training in Health Care, Physiotherapy
- In 2016-2017 she worked as a lecturer for health exercises for children in elementary school Kladská
- In 2017 she worked as a lecturer for health excersies for students of the third age at The Charles University
- In 2017 she attended a professional internship in Belgium - Dominiek Savio Instituut
- Between years 2017 – 2019 she worked as an physiotherapist in the outpatient clinics PhysioLife and JMJ Reha&Spa s.r.o, Centrum fyzioterapie a léčebné rehabilitace
- From 2018 to 2020 she worked in Wheelchair club Prague with as a physiotherapist for patients with spinal cord injuries, congenital diseases, neuromuscular diseases
- Between years 2018-2019 she led a health exercises group with adolescent patients with anorexia nervosa at the Motol University Hospital
- In 2019 she went on a volunteer mission to Ghana where she worked as a physiotherapis in the Greater regional Accra hospital
- She has been working as an outpatient physiotherapist at the Pavel Kolář Center for Movement Medicine of the since 2020. Her specialization is gynecological physiotherapy, care of pregnant patients, neurological patients, pediatric patients, athletes and patients with eating disorders
- She has been working at the Department of Physiotherapy of the UK FTVS as an assistant lecturer in the education of bachelor's and master's students of physiotherapy, fitness coaching, Czech and foreign students since 2021
- She is a member of the UNIFY – Union of physiotherapists of the Czech Republic

Research focus

- Patient with eating disorders and change in kinesthesia, discriminative sensation, self-concept
- Dynamic neuromuscular stabilization and its use in neurological patients
- Gynecological physiotherapy and its use in the healthcare

Courses taught

- Developmental Kinesiology
- Rehabilitation Propaedeutics
- Reflexology Massages and Soft Tissue Techniques
- Clinical Practice I

Most important publications

- Stackeová, D., Kočí, G. (2019). Dvoubodová diskriminace u adolescentních pacientů hospitalizovaných s mentální anorexií, *Psychosom*, 17 (3-4), 238
- Kočí, G. (2019). *Diskriminační čtení u adolescentních pacientů hospitalizovaných s mentální anorexií*. [Nepublikovaná bakalářská práce]. Univerzita Karlova.
- Kočí, G. (2017). *Kazuistika fyzioterapeutické péče o pacienta po ischemické CMP v mozečkové hemisféře se spastickou pravostrannou hemiparézou z důvodu tentamen suicidum*. [Nepublikovaná bakalářská práce]. Univerzita Karlova.

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