ENPHE Conference 2023

CONFERENCE PROGRAM

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WELCOME TO PRAGUE



The ENPHE Conference 2023 is hosted and organized by the Charles University, the Faculty of Physical Education and Sport. The conference includes three days of activities.

INVITATION IN ENGLISH INVITATION IN CZECH

We start on 5th October 2023 with the ENPHE Management Meeting and the ENPHE Students Body Program. In the evening at 6 pm, the first meeting of participants will take place in the <u>Carolinum</u> building with a brief cultural programme. The main conference days are on 6th and 7th October, when keynote speeches, workshops and inspirational sessions will take place.

Conference details Registration form ENPHE network details



PRAGUE

Prague, also called "the City of a Hundred Spires", is the capital and <u>largest city</u> of the <u>Czech Republic</u>. It is one of the most beautiful and the most magical cities in Europe. It lies on the river Vltava and is known to people from all over the world. The experiences that won't be forgotten are awaiting you.

Prague can offer to inspire people

Prague inspired many significant artists and scientists in the past. The city's mysterious atmosphere reflects for example in the works of Franz Kafka or Wolfgang Amadeus Mozart. Let's experience the atmosphere and join us at the <u>ENPHE</u> conference.

Prague can offer to connect people

Prague has been a crossroad of the most important trade routes, as well as a cultural and political centre of Europe. One of its major landmarks, <u>Charles Bridge</u>, symbolizes the historical connection between the East & West. Therefore, the gala event location is just next to the Charles Bridge.

Prague is accessible and easily to be explored

Prague is located in the heart of Europe. It is accessible to travellers from almost every country. The Václav Havel Airport Prague is one of the busiest airports in Central Europe. Prague is a green and very walkable city, offering a wide range of attractions within a small area. Prague is rich in architectural monuments, cultural heritage and historical sights. Moreover, it is also modern and dynamic.

The ENPHE conference takes place in the historic center of the city, in the building of Charles University Carolinum .



CHARLES UNIVERSITY

Charles University was founded in 1348 during the rule of King of Bohemia and Holy Roman Emperor Charles IV. It became the first Studium generale north of the Alps and east of Paris. More about <u>history</u>. Charles University consists of 17 faculties. More about <u>structure</u>. In the current edition of the <u>Academic Ranking of World Universities</u>, Charles University was classified in places 301-400, the same as last year. With this ranking the University follows up on its recent success in the prestigious QS World University Rankings 2024, in which its position improved markedly compared to the previous year. It was ranked among the <u>250 best universities in the world</u>, and therefore belongs to the top 1.5% of educational institutions in the world. More <u>facts and figures</u>. Charles University is an internationally acknowledged research university. Every year, Charles University spends about CZK 3.2 billion to finance its research programmes. More about <u>research</u>. Charles University is active in international cooperation More about <u>internationalization</u>.

GALA EVENING





Take part in the **ENPHE gala evening** in the beautiful surroundings **of the** <u>Lávka club</u>, which is located right next to the Charles Bridge. This unique place offers a beautiful view of the Charles Bridge with the Vltava River and the entire Hradčany - Prague Castle from the outdoor terrace. This place is accessible on foot from the conference venue along the so-called Royal Road, approx. 900m, across the Old Town Square.

A rich banquet awaits you, the possibility of sitting outside under the Charles Bridge, sufficient capacity for comfortable seating inside, dulcimer music in a modern way, and more.... The program of the evening will be specified.



INFOPACK

Practical Information

Getting Around

Navigating Prague is made easy by its highly convenient public transport network, which is renowned as one of the most reliable in Europe. This system facilitates convenient access to even the farthest corners of the city, including during nighttime hours. The options available for travel include the subway, trams, and buses. In addition to the excellent public transport, Prague also offers taxi apps like Uber, Bolt, and Liftago. However, especially during rush hours, using public transport in the city centre is often a quicker and more efficient option.

Public transport in Prague is very easy, cheap and safe. All information in English is available on the webpage <u>PID</u>. Tickets can be bought at the METRO stations, in the buses and trams. You can also use the on-line app. Through this app, you can purchase the ticket. Moreover, it will assist you in finding the most suitable routes for moving around the city. You can download a simple <u>METRO MAP</u>.

Android - Google Play iOS - App Store

Getting from Václav Havel Airport Prague to the City Centre

When travelling from Václav Havel Airport to the city centre, you have two options: taking a taxi or using the bus. *Taxi*

The price of the transportation differs according to the time and provider, generally, it is supposed to be between 300 CZK to 600 CZK.

- Taxi Services (Uber, Bolt, Liftago): You can order a taxi through a dedicated app or by phone for added convenience.
- **Regular Taxi**: If opting for a regular taxi, which is available at the dedicated spot at the airport, it's important to exercise caution and ensure you choose a licensed vehicle. The company name, license number, and prices should be visible on the screen.

Public Transport Options from Václav Havel Airport to the City Centre:

The connection between Václav Havel Airport Prague and Prague city centre is provided by public transport bus lines which operate at regular few-minute intervals. Bus stops are located directly in front of terminals.

- 119 Bus Line (Terminal 1/Terminal 2 Veleslavín train station) and changing to subway Line A (green).
- Airport Express Bus (Line AE): (Terminal1/ Terminal 2 Main Railway station Hlavní nádraží) and change to subway line C (red). Board this bus, and simply purchase your ticket directly from the driver. The fare for this service is 100 CZK.
- 910 Night Bus Line (00:00-04:00) (Terminal1/ Terminal 2- Švandovo divadlo I.P. Pavlova C– Kačerov Modřany)
- 907 Night Bus Line (Terminal 1/ Terminal 2 Hradčanská Hlavní nádraží Karlovo náměstí Anděl)

Public transport bus rides are subject to regular Prague Public Transport Fares (including pre-paid passes). Bus rides do not need to be booked in advance. The passengers must buy a ticket before onboarding and validate it after entering the public transport.

Prague public transport fares

- 30 minutes 30 CZK
- 90 minutes 40 CZK
- 24 hours 120 CZK
- 72 hours 330 CZK

1 CZK = 0,042 EUR

Where to buy?

Tickets can be bought at the airport, in the bus or via the on-line app.

TICKET

Conference venue – Carolinum

Address: Ovocný trh 560/5, 110 00 Staré Město

NAVIGATION

Historical building Carolinum is a conference venue and it is accessible via either subway **Line B** or **Line A**, with the nearest station being **Můstek**. Upon reaching Můstek station, proceed along the streets named "Na Můstku" and "Rytířská," circling the left side of the "Stavovské" Theater. This will lead you directly to Carolinum.



Prague Sightseeing

Prague, the capital city of the Czech Republic, is renowned for its rich history, stunning architecture, and vibrant culture. Some of the must-see sights and attractions in Prague include:

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Old Town Square

The heart of the historic Old Town, featuring the Astronomical Clock, Týn Church, and a vibrant atmosphere with street performers, cafes, and markets, very close to the conference venue.



Astronomical Clock

A famous medieval clock on the Old Town Square Hall, known for its hourly show where figurines come to life.



• Josefov (Jewish Quarter)

Home to significant Jewish heritage sites, including synagogues, the Jewish Cemetery, and the Jewish Museum.



Wenceslas Square

A lively boulevard lined with shops, restaurants, and historic sites.



Prague Castle

A historic complex that includes the impressive St. Vitus Cathedral, as well as various palaces, gardens, and courtyards. It offers panoramic views of the city.



Charles Bridge

An iconic medieval bridge adorned with statues, connecting the Old Town with the Lesser Town. It's a popular spot for strolling and enjoying the views of the Vltava River.



Petřín Hill

A peaceful park with walking paths, cable car to the top, gardens, and the Petřín Tower offering panoramic views of the city.



Vyšehrad

A historical fort overlooking the Vltava River, with ancient ruins, a basilica, and peaceful gardens.



National Museum

Showcasing Czech history, culture, and natural history through a diverse range of exhibits.



Dancing House

An intriguing modern architectural masterpiece, often referred to as the "Fred and Ginger Building."



National Theater

A grand theatre with a rich history, hosting opera, ballet, and drama performances.



Lennon Wall

A colourful wall featuring graffiti and tributes to John Lennon and his ideals of peace and love.



Letná Park

A popular park offering more panoramic views of the city, along with walking paths and beer gardens.



VItava River Cruises

Enjoy Prague's beauty from the water by taking a cruise along the VItava River.

Beer Culture

Prague is known for its beer culture, so visiting traditional Czech pubs and breweries is a must for experiencing local cuisine and drinks.

Emergency

Prague is widely considered a safe city; nonetheless, it's advisable to exercise caution, particularly in heavily frequented tourist areas, due to the presence of pickpockets. Should you find yourself in an emergency, you have the option to reach out to the authorities through a dedicated app or the provided phone number.

<u>App Download</u> **Numbers** European Emergency Number: **112** Emergency Medical Service: **155** Police: **158** Municipal Police: **156** Fire and Rescue Service: **150**

EVENT EXPERIENCE

ENPHE GALA EVENT | ENPHE OPENING CONCERT

CONTACT

For questions about travel in Prague and conference venues, please contact: *Mrs. Sandra Kürstenová* | <u>kurstenova@ftvs.cuni.cz</u>

For questions about Erasmus+ staff exchange, please contact: *Mrs. Hana Sládková* | <u>international@ftvs.cuni.cz</u>