
Activities

Regular sport activities

The Faculty of Physical Education and Sport (FTVS) regularly organizes weekly sports activities such as volleyball and basketball, along with a rotating sports day featuring activities like badminton, floorball, and others.

These sessions are intended to provide **students with opportunities to meet, connect, and stay active**. The activities are **open to all degree students** and welcome participants of **all skill levels**.

To register, follow us on Instagram: [@cu.sport](#)



Unregular sport activities

FTVS also organizes occasional events, such as **cycling trips, hiking excursions to the mountains**, and similar outdoor activities. These events are a great way to **explore new places, stay active, and connect with fellow students** outside the university setting.

For more information, follow us on Instagram: [@cu.sport](#)



Sport tournaments

Faculty of Physical Education and Sport organizes sports tournaments open to all students of Charles University. Everyone can participate, regardless of their skill level in the given sport, gender, or degree program. Tournaments are held in futsal, football, basketball, and volleyball.

To register, follow us on Instagram: @cu.sport



Open Gym Evropská

FTVS also organizes an open gym morning once a month at the Evropská facility, where students can enjoy **free access** to squash courts, the indoor climbing wall, or simply use the gym space for individual activities.

This activity is not a **performance-based program**, but rather an opportunity to **meet others, stay active, and enjoy sports in a relaxed and friendly environment**.

Motion gives me Warmth and Joy